



Who Should I Call When the Clinic is Closed?

Clinic Hours: Monday 8:30 a.m. to 7:00 p.m.
Tuesday 8:30 a.m. to 7:00 p.m.
Wednesday 8:30 a.m. to 12 noon
Thursday 8:30 a.m. to 5:00 p.m.
Friday 8:30 a.m. to 5:00 p.m.
Saturday 9:00 a.m. to 12 noon (by appointment only)

Urgent medical problems may occur on holidays, weekends or after our clinic is closed for the day. Many health plans offer a nurse telephone service to help you during these times. Specially trained nurses will answer your questions about your health problem. The nurse might suggest care you can do at home, a visit to the clinic the next day, a trip to an urgent care clinic, or a visit to an emergency room.

- ◆ **Blue Cross/Blue Shield:** “1st Help”, 1-800-622-9524, answered 24 hours a day.
- ◆ **HealthPartners:** Care Line, after hours nurse triage line (5 p.m. to 7 a.m.) 612-339-3663 or 1-800-551-0859.
- ◆ **Medica:** “Call Link”, 1-800-962-9497, answered 24 hours a day.
- ◆ **U-Care:** Nurse Triage, 1-800-942-7858, answered 24 hours a day.
- ◆ If you do not have one of the above plans or you feel that the nurse cannot answer your question, you may call the clinic to reach one of our physicians at 651-552-7999. Please Note: ***This service is for emergency needs only.*** Please be aware that Dr. Gobel and Dr. Bloomquist are usually unavailable between the hours of 9 and 11:30 a.m. on Sunday mornings, although any emergency message will be returned. ***Please call during regular clinic hours for medication refills, scheduling or rescheduling of appointments or non-urgent health care questions.***
- ◆ **Web Resources:** www.healthychildren.org This web site is maintained by the American Academy of Pediatrics. For books and other resources for caring for your child, check the Academy of Pediatrics web site at www.aap.org.